Metacognition Strategies to Start Trying Immediately!

**Problem:**
Reading comprehension

- **Solutions:**
  1. Preview text before reading
  2. Develop questions
  3. Read one paragraph at a time and paraphrase information

**Problem:**
Using examples to do homework

- **Solutions:**
  1. Study information *before* trying homework problem
  2. Use example to test skill
  3. Do homework problems as if doing a test or quiz (no looking at solution manual or examples!)

**Problem:**
Memorizing formulas and using www.cramster.com, etc.

- **Solution:**
  1. Solve problems with no external aids and test mastery of concepts

Useful Websites and literature

- [www.howtostudy.org](http://www.howtostudy.org)
- [www.vark-learn.com](http://www.vark-learn.com) *****
- [www.drearlbloch.com](http://www.drearlbloch.com)

Searches on [www.google.com](http://www.google.com)

- [www.khanacademy.org](http://www.khanacademy.org)