Grandma’s Recipe for Accountable Learning and Time Management

- Course Syllabus and Course Calendar
- Campbell Biology Book/Brock Microbiology, etc.
- Blank Calendar Page with 30-31 days
- Google Calendar

Step 1: How many days are there from the first day of lecture to the day of the exam?
Step 2: How many chapters are on the exam?
Step 3: Rank your chapters according to difficulty (the student must make this decision)
Step 4: Decide how many days you will assign to each chapter according to your abilities, reading speed, and background...This is often a hard step to complete but do your best!
Step 5: Be **very specific** with what you will do for each chapter assignment! After implementing this step, you will soon see this schedule as a sliding scale 😊

After you have handwritten the schedule (there is value in writing it out first😊), you can then implement it into an electronic platform such as Google Calendar, Outlook Calendar, etc.). This way, you can make a similar schedule for other course and merge them.

Rosianna R. Gray, PhD. Assistant Professor of Biology, The University of Alabama at Birmingham